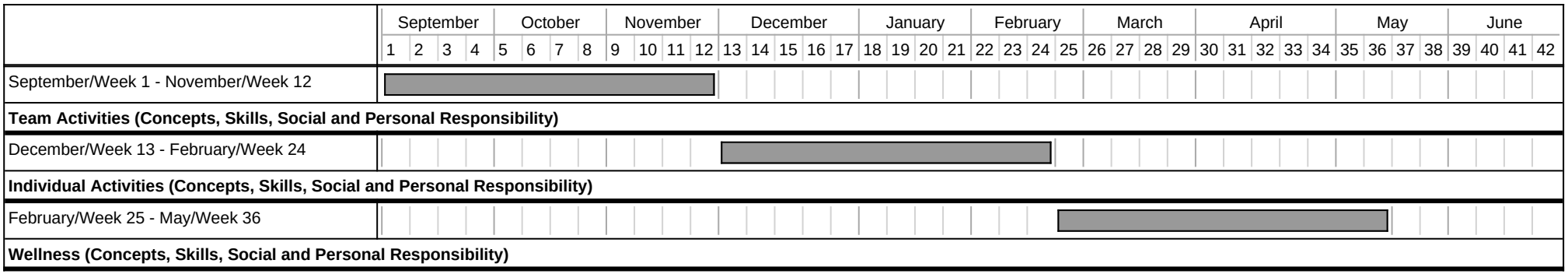**Title : Physical Education Grade 11**
**Type : Essential**